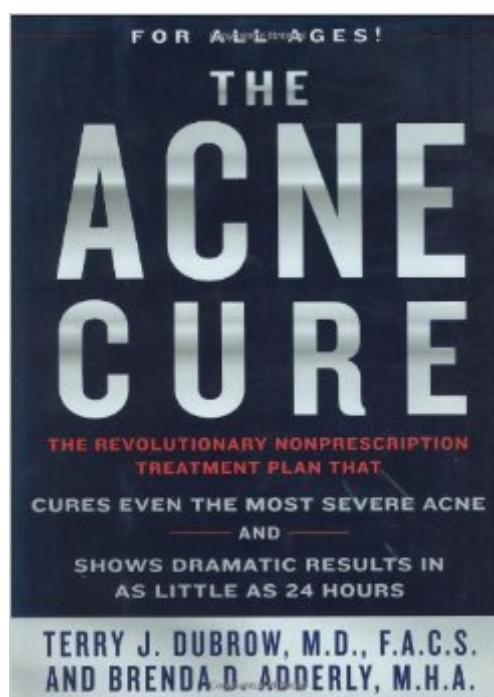


The book was found

# The Acne Cure



## Synopsis

Everyone gets a blemish now and then. But for some, acne is a way of life. Acne sufferers spend millions of dollars in their desperate hunt for a solution. Often they turn to incomplete over-the-counter remedies or even prescription drugs with dangerous side effects. Now, there is a cure. The Acne Cure describes a revolutionary, proven treatment program that, in no more than 6 weeks, eliminates acne in 95 percent of all cases--even the most severe ones. You will see dramatic results in as little as 24 hours! The Acne Cure is the only book ever to offer a comprehensive, safe, rapid, and almost universally successful method of eliminating acne without prescription drugs, without side effects, without shifts in lifestyle or eating habits, and at little cost. Whether you're a teenage girl embarrassed to date because of her complexion, or a woman who feels her face is disfigured by acne; whether you're a boy with pimples, or a mature man for whom shaving is torture because of the bumps and lesions of the disease; whether you're White, Black, Hispanic, or Asian, this program is for you. Using the simple, in-home Acne Cure protocol, you can now get rid of your acne--once and for all. **YOU WILL LEARN:** The simple, step-by-step program to eradicate even the most difficult acne The ideal cure for any age or skin type The real story of acne: what it is, how it spreads, and what is just a myth The scientific proof behind the Acne Cure program Which vitamins and antioxidants help your skin What really works to eliminate razor bumps in men How stress affects acne and what to do about it The best ways to deal with the really tough acne problems How to eliminate acne scars In only a few minutes a day, in no more than 6 weeks--and often much sooner--your skin will be healthy, vibrant, and acne-free. Better still, when you follow the simple, inexpensive program outlined in this book, chances are your acne will not return. Even if it does, you'll have no trouble eliminating all traces of it again promptly. From now on, you never need worry about acne again. Say good-bye to pimples and hello to clear skin.

## Book Information

Hardcover: 208 pages

Publisher: Rodale Books; First Edition edition (May 2, 2003)

Language: English

ISBN-10: 1579547427

ISBN-13: 978-1579547424

Product Dimensions: 6.7 x 0.9 x 9.5 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (91 customer reviews)

Best Sellers Rank: #546,488 in Books (See Top 100 in Books) #103 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Skin Ailments

## Customer Reviews

Important information that will help you. Read everything! Long post. Ladies and gentlemen, I am happy for you to come your way into a brand new start in life. But before you get into it, let me assure you, it all depends on YOU! That's right, you. This book is effective, but only if followed 100 percent correctly. Which is not easy! believe me, especially after loads of failed attempt and reluctant to follow through due to lack of trust and confidence in other "solution". That's what holding some of these negative reviewer back. The method in this book does work, but only if you follow it consistently everyday at the specific hour and specific routine and all the micro details involved in the process. Terry J Dubrow is a great researcher and doctor, but when it comes to communicating his points, I find that to be his biggest flaw. His Acne Cure Program, the routine is not listed PRECISELY clear, he wrote it under the assumption that we know exactly what to use for morning, night, etc... So let me clarify for you my friends. Morning: Step 1: S-Acid first, make sure you add a few drop of water, and leave it on face for at least 2 minutes. The amount listed is the size of penny. Now don't assume that's enough for your entire face. That's only enough for one part of your face, I think more is necessary, so work your way through from forehead "top to bottom" face, nose, cheeks, chin, etc. 2-3 penny should be enough. rub gently in circular motion. Leave for 2 minutes. After that, use warm water from shower to wash off the solution. 2) Use G-Acid in the exact same manner as the S-Acid. Make sure you completely wash off the S-Acid first before adding the G-Acid.

[Download to continue reading...](#)

The End of Acne: How Water is the Cause of the Modern Acne Epidemic, and the Cure Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Eliminate Herpes, How To Cure Herpes, Herpes Treatment) The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure, Fatty Liver diet, Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) The Acne Cure Eczema: The Definitive Eczema Cure - How To Overcome Eczema Forever And Live Your Life! (Skin Conditions, Dermatology, Eczema, Acne, Psoriasis, Skin Care, Essential Oils Book 1) The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic

Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) Epsom Salt Beauty: 25 Amazing Recipes with Epsom Salts For Beauty, Health, Garden, Weight Loss, Pain Relief, Acne & Detoxification Epsom Salt: The Magic Mineral for Weight Loss, Eczema, Psoriasis, Gout, Garden, Relaxation & Other Applications (+33 DIY Top Health, Beauty & Home Recipes) (Magnesium, Acne, Natural Hair Care) Homemade Shea Body Butter for Beginners: All-Natural Quick & Easy Recipes to Eliminate Eczema, Acne, Dry Skin, Stretch Marks, Sunburn & More How to Use Tea Tree Oil - 90 Great Ways to Use Natures "Medicine Cabinet in a Bottle" - Acne, Boils, Head Lice, Nail Fungus, Ringworm, Skin Tags, - Health ... Dilutions and Lots More! (What Is? Book 2) How to Control PCOS in 12 Weeks: What You MUST Do to Deal with Infertility, Hair Growth, Acne, and Weight Understanding Skin Problems: Acne, Eczema, Psoriasis and Related Conditions Skin Care for Men - The Best Ways to Fight Acne, Skin Complexion Tips, Men's Grooming & MUCH MORE! Blood Sugar Solution and Cure Diabetes - How to reverse diabetes, lose weight quickly and Lower Blood Sugar. Type 2 Diabetes diet, Insulin Resistance diet and Diabetes Cure for Healthy Living The Bible Cure for Asthma: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) How to Cure Erectile Dysfunction: The Best Tips & Tricks to Cure Erectile Dysfunction and Overcome ED for Life Hearing: Hearing Loss Cure: Get Your Hearing Back and Hear Better Than Ever Before \*BONUS: Sneak Preview of 'The Memory Loss Cure' Included!\* (Aging, Tinnitus, Hearing Recovery, Deaf, Health)

[Dmca](#)